

Morphine-induced elevation of glymphatic flow and inflammatory microparticles in mice

S.R. Thom, A. Bhat

Repetitive dosing of morphine in mice to induce anti-nociceptive tolerance increases by 10-fold microparticles (MPs, 0.1-1.0 μm extracellular vesicles) in deep cervical lymph nodes (DCLN) draining brain glymphatics¹. These MPs express proteins specific to microglia, astrocytes, neurons and oligodendrocytes. Similar elevations of DCLN MPs in response to other noxious stimuli reflect neuroinflammation and an increase of glymphatic flow². When these MPs enter the systemic circulation, they trigger neutrophil activation, elevations of blood-borne MPs and prompt further neuroinflammation due to disruption of the blood-brain barrier^{3, 4, 5, 6, 7}. As patients entering treatment for opioid use disorder exhibit similar MPs elevations in blood as do tolerant mice, we decided to investigate whether glymphatic function was perturbed by morphine tolerance using a recently developed MRI technique^{1, 2}.

Methods: Control mice and those rendered tolerant to morphine following published methods were imaged in the University Bruker BioSpec 70/30USR Avance III 7 Tesla horizontal bore MR scanner following published methods². Similarly, DCLN and blood-borne MPs were obtained and analyzed by flow cytometry following published methods^{1, 2}.

Results: Gadolinium contrast signal intensity, an index of glymphatic flow², was significantly higher in brains of morphine tolerant mice. Image results were similar when 60,000 blood MPs, but not MPs from control mice, were injected IV into naïve mice. Elevations of MPs in DCLN and blood were consistent with prior publications, as were increases in inflammatory blood-borne MPs expressing filamentous (F-) actin on the membrane surface. F-actin expressing MPs are known to be lysed by plasma gelsolin^{1, 2, 8}. Plasma gelsolin was significantly lower in tolerant mice.

Conclusions: These data provide insight into mechanisms associated with development and dissemination of neuroinflammation after morphine administration. Inflammatory responses outside the CNS appear to play a role in opiate tolerance, but mechanisms are unknown^{9, 10}. CNS-derived MPs cause peripheral vascular disorders once liberated to the blood stream, and MPs generated systemically can exacerbate traumatic and other causes of brain injury^{1, 2, 5, 8}.

References:

1. D. Ruhela et al. *Brain, Behavior and Immunity* 87, 465-472 (2020).
2. S. R. Thom et al. *J Neurophysiol* 129, 662-671 (2023).
3. J. Xu et al. *Toxicol Appl Pharmacol* 273, 410-417 (2013).
4. M. Yang et al. *J Appl Physiol* 112, 204-211 (2012).
5. M. Yang et al. *J Appl Physiol* 115, 1481-1486 (2013).
6. A. Kumar et al. *J Neuroinflammation* 14, 47 (2017).
7. S. R. Thom, et al. *J Appl Physiol* (1985) 123, 297-302 (2017).
8. V. M. Bhopale et al. *J Appl Physiol*. 130, 1604-1613 (2021).
9. Y. A. Kolesnikov, et al. *J Pharmacol Exp Ther* 279, 502-506 (1996).
10. R. R. Ji, et al. *Nat Rev Drug Discov* 13, 533-548 (2014).

Funding was provided by NIH grant NS122855 and Office of Naval Research N00014-22-1-2818.